

# A microbial analysis of street vended foods: A case of Gweru urban area (ward 14)

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## **INTRODUCTION**

#### Origin of street vended foods

- •Vanishing of formal canteens at work places
- •Increase in unemployment
- •Slow economic growth

#### Street vended foods are favoured by the public

- Cheap and readily available
- •Served in cultural dishes

#### Why street vended food cause public health risk

- •Prepared in places which lack basic infrastructure.
- •Vendors are difficult to control.
- •Vendors lack factual knowledge on basic hygiene
- •Vendors look for cheapest materials which may not be safe.
- Some of them are not license.

#### Which diseases may be caused by street vended foods

•Cholera, Typhoid and Diarrhea

#### RESEARCH GAP

- •Past researchers failed to unearth the microbial quality of street vended foods in Provincial cities such as Gweru
- •Key stakeholders have no readily available strategies to cub the disease
- •Many people are blaming vendors without concrete evidence

This study is aimed to eliminate so of the dynamics at play in street vending in Gweru urban ward 14 and to cast light on the microbial quality of street vended foods and to find most contaminated sites and put strategies to safeguard health of citizens.

## RESEARCH PROBLEM

In August 2018, there was an outbreak of Typhoid is Gweru Urban Area but there was no further researches which were done to examine microbial quality of street vended foods and personal hygiene of street vendors. Therefore, as student researchers under NGBS we decided to answer this problem.

## **HYPOTHESIS:**

#### **NULL HYPOTHESIS:**

 $\rm H_{0}$ : Food sold by vendors in Gweru ward 14 does not contain pathogens hence not responsible for outbreaks of typhoid

#### **ALTERNATIVE HYPOTHESIS:**

•H<sub>1</sub>: Food sold by vendors in Gweru Ward 14 has pathogens that are responsible for causing food borne diseases such as typhoid and cholera and is responsible for the period disease outbreaks experienced the area

#### **OBJECTIVES**

- 1. Collect demographic information and food samples from vendors.
- 2. Carry out biochemical and molecular analysis to detect for pathogen causing typhoid.
- 3. Establish the most contaminated vending sites

# MATERIALS AND METHODS

- Material: Equipped microbiology laboratory and Equipped molecular biology laboratory
- **Methods**: Indirect investigation, descriptive survey, sampling, culturing of samples (blood agar, MacConkey, mannitol salt EMB agar, Triple iron sugar), Biochemical test (indole, citrate, catalase and oxidase) and multiplex PCR

#### Results

- From a population of 105 vendors from 20 vending sites, 25 vendors from 5 sites were samples
- 42 food samples were collected and tested

# Table 1. below shows preliminary results of biochemical test

Organism	Number of Isolates
Vibrio sp.	0
Salmonella sp	0
Pseudomonas sp.	0
Shigella sp.	0
E. coli	0
Streptococci sp( normal flora and no pathogenic)	>300



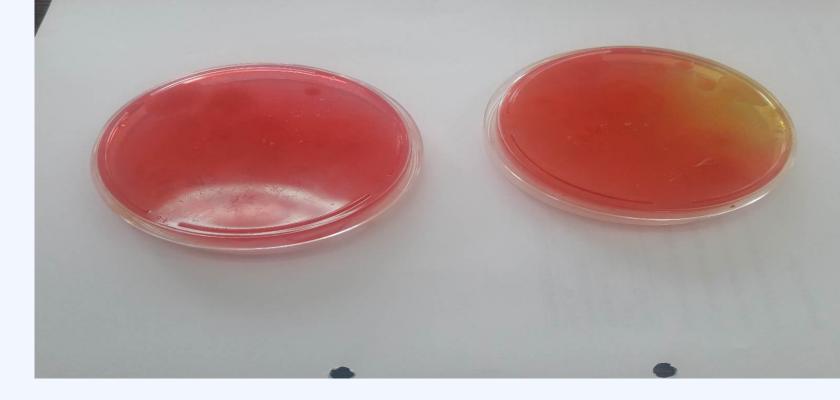


Figure. 1 Laboratory processing of collected samples and an example of the culture media used.

### DISCUSSION AND CONCLUSION

- In general vendors practise good health hygiene practises
- Preliminary results need to be confirmed by
- Increase in number of samples
- Increase in number of sampling timesFood and water samples to be sampled

# **CONCLUSION**

- Food sold by vendors in Gweru ward 14 does not contain pathogens hence not responsible for outbreaks of typhoid

# **APPLICATION**

- Concientising the community
- Enganing community in finding health solutions
- Developing of typhoid diagnosis centers
- Schools able to diagnosis typhoid on their own





